



Information for Parent/Carers and Young People

intandem Mentoring

What we offer- intandem mentoring

intandem is a voluntary programme run through Befriend a Child which supports young people aged 7-15 years who are looked after at home either by the local authority or in Kinship Care.

intandem is designed to offer young people opportunities to have fun, learn new skills and access their local communities within a safe environment.

The programme is funded by The Scottish Government and Robertson Trust.

The programme is delivered in 20 local authorities by 12 charities across Scotland.

How does it work?

Adult volunteers, from all backgrounds and experiences, are recruited, trained, and overseen by our charity.

Our volunteer mentors are chosen for their qualities of commitment, reliability, and stability. The mentor and the young person will spend around 2-3 hours twice a month engaging in various fun activities in the local community. The arrangements are flexible and the pair will usually choose activities together.

How much does it cost?

There is no cost to parents or young people. All reasonable expenses are covered and we encourage young people not to bring money along to outings.

How does a young person get a Mentor?

Young people are referred to intandem by Social Work or Education and will be visited at home by our coordinator to share more information.

We will also check that both young person and their family are happy about having a mentor as intandem is completely voluntary.

To help identify the most suitable mentor, our coordinator will also try to get a picture of any interests, likes and dislikes and any wishes or needs.

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Mentoring Scotland's young people

Visit our website at
www.befriendachild.org.uk

Registered Charity Number SC005467



Finding the right mentor may take a while, but once identified our coordinator will introduce the volunteer to the young person and their family. If everyone is happy to go ahead with the match, the mentoring will begin.

What will happen during the match?

The mentor will pick up and drop off the young person at their home address and there should be a responsible adult present at all times.

If the young person cannot make an outing, please contact the mentor to let them know. If a mentor cannot keep an agreed outing, they will always let the family know.

Our coordinator will meet with the mentor monthly to check how things are going and offer any additional support.



Is it confidential?

Any information remains confidential within intandem except where the welfare and safety of the young person is in question. All our volunteers and staff have clear training, support, and guidance on our policies.

intandem charities are committed to safeguarding the welfare of all children and young people. We recognise our responsibility to take all reasonable steps to promote safe practice and to protect children and young people from harm, risk of harm, abuse and exploitation.

For further information please contact info@befriendachild.org.uk

Befriend a Child 9 Bon-Accord Square
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intandem is funded by the Scottish Government and delivered nationally by Inspiring Scotland.

If at any time anyone is not happy or is concerned about how the relationship is working, our coordinator is available at short notice to listen and to take any action if needed.

There is no set time period for an intandem mentoring relationship. Young people can have a mentoring service for as long as they need it.

The intention is always for a long term mentoring relationship, however endings are discussed and planned for to ensure a smooth progression.

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