



We look forward to working with you.



☎ info@befriendachild.org.uk
☎ 01224 210060



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Information for Referrers

intandem Mentoring

befriend a child



turn a frown upside down

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Do you know a young person who is in kinship care, looked after at home on a CSO or at risk of being placed on one and needs more support?

intandem mentoring

intandem is Scotland's national mentoring programme which is run across 11 charities in Scotland. intandem runs within Befriend a Child helping to support young people in Aberdeen City aged 7-15 years old who are living at home supported by social work or living with extended family in kinship care.

Intandem offers young people the opportunity to build a relationship with a trusted adult, while taking part in goal focused activities and most importantly have fun.

How does it work?

The young person is matched with a volunteer mentor who will help the young person set and achieve goals. The mentor and young person will spend at least two hours twice a month together engaging in various fun activities across Aberdeen. The arrangements are flexible and the pair will choose activities together. To be most effective, intandem mentoring relationships last for a minimum of a year.

Adult volunteers, from all backgrounds and experiences, are recruited, trained, and supported by the intandem mentoring team at Befriend a Child. Intandem volunteer mentors are chosen for their qualities of commitment, reliability and stability.



"I have someone who listens to me and cares about me... I feel someone is on my side." - Sophie age 13

How does a young person get a mentor?

Young people referred to intandem are visited at home by our intandem Co-ordinator to share more information about the programme. We also check that both the young person and their family are happy about having a mentor. Ultimately, it is the young person's choice to have a mentor, this is an important part of intandem which aims to empower young people and their willingness to participate is essential. To help identify the most suitable volunteer mentor for the young person, our intandem Co-ordinator will try to get a picture of interests, likes and dislikes and any wishes or needs.

How do I make a referral?

Children and young people can be referred to intandem by professional agencies such as social work, education, healthcare professionals or third sector organisations. Young people referred to the programme are aged 7- 15 years old who live in a kinship arrangement, looked after at home or on the edge of care

For a referral to intandem we require a referral form, a Child's Plan or any relevant information on circumstances surrounding the wider family which will help us identify the most appropriate match.

To make a referral to Befriend a Child's intandem mentoring programme, please contact Befriend a Child to discuss the suitability of a young person you work with who you think would benefit from intandem. If suitable, a referral pack will be sent out.

What is the criteria?

intandem is currently funded to support children aged 7-15 who live away from home in a kinship arrangement or at home under a supervision order and are looked after by the local authority.

A willingness by the child to engage with our staff and mentors is important to the success of the relationship.