

HAND IN HAND

Befriend a Child's Volunteer Newsletter
June 2010

A big **hello** and welcome to the beginning of Summer (we hope) and the June edition of Hand in Hand. There should be plenty going on in and around the city this month, not least on our own doorstep. By the time you read this, the Base Unit will have a whole new look thanks to the lovely people at Enterprise North East Trust. Exciting stuff—please drop in past to see for yourself the transformation.

One of our Befriending volunteers has highly recommended Treasure Trails as a great way to spend a few hours.

The North-East Trail Catalogue now has 20 Trails in all with eight Murder

Mystery Trails including

Aberdeen, Stonehaven and Old Aberdeen. There are also four Spy Trails

including Inverurie and Aberdeen's West End, and eight Buried

Treasure Trails including Banchory, the Mearns Coastal Trail, Ellon, Stonehaven Heritage Trail and the Duthie Park Trail.

Trails can be ordered directly by contacting Liz Johnston on 0750 212 5523, and cost just £5 - great value for an afternoon of fun!

Pay a visit to www.treasuretrails.co.uk/trails/scotland-northeast/ to find out more.



Young Carers Day

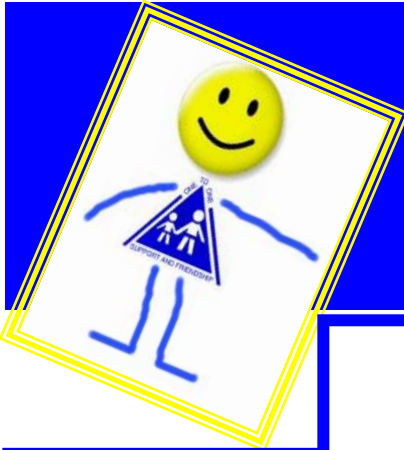
VSA and NHS Grampian have organised a Young Carers Day at Potteries Stadium on Saturday, June 12th. If this applies to your befriendees then please take the chance to enjoy Wii Games, a Disco, a Drumming Workshop and much more between 1pm and 4pm.

More info is available by calling 01224 212021



OPEN FOR BUSINESS

You are all invited to our Open Day on Tuesday, June 1st between noon and 6pm to help us mark the new look Base Unit. The generous and hard working staff at Enterprise North East Trust have been undertaking a re-decoration project which coincides with National Volunteer Week. Please keep a few hours spare to pay us a visit!



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A Taste of Japan

Union Square restaurant **Yo Sushi** have linked up with Befriend a Child for what should be a fun and educational event later this year.



We will be running two sessions to learn about the culture and cuisine of Japan, starting with a fully booked session on Sunday, July 4.

"We see this as a great opportunity for the children to learn about foreign cuisine, culture and produce in a fun and unique environment, said assistant manager Michael Daniell.

"We also believe that our involvement encourages the children to develop cooking skills and a knowledge of healthy eating, which will stay with them into their adulthood."



A Very Happy Birthday to the following staff and volunteers who celebrate a June birthday:

Lindsay C	1 ST
Agnieszka O	2 ND
Linda W	11 th
Jacqueline W	12 th
Michelle B	12 TH
Claire T	15 TH
David C	18 TH
Gavin D	21 ST
Lisa M	21 ST
Aine O	22 ND
Claire P	22 ND
Allan M	26 TH
Lynne M	29 TH

Hello & Goodbye

Hello to
Susan
Jordan
Michelle
Melissa
Jasmine
Sami

Goodbye and thank you to
Ross
Fiona
Simon
Lynne

Date For Your Diary

The Ferrari Owner's Club are looking to host an event on behalf of Befriend A Child at Alford Transport Museum on Saturday,

September 11th. The event will provide the chance to see a host of Ferraris up close, photos inside and outside the sports cars and even a trip round the race track!

Discounted entry fees will also apply for the museum itself.

To register your interest call Andy on 01224 210060.





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THINGS TO DO AND PLACES TO GO IN JUNE

Throughout June — Walking With Dinosaurs at Satrosphere Science Centre. The dinosaurs are here! Check out the permanent exhibition at the Satrosphere with a range of different dino-activities throughout the Summer.

Wednesday, June 2nd — Minibeast Safari from 6.30pm until 8pm. Join the search for little (and not so little) creepy crawlies, led by the fearless rangers! Suitable for children aged 8-12, or younger children accompanied by an adult. Meet at Tennis Court Car Park, Arnhall Moss, Westhill.

Saturday, June 5th — Taste of Grampian at Thainstone, Inverurie from 9.30am to 4.30pm. Everything from music and crafts, to children's entertainment and celebrity cooking demonstrations. Entry is free to one of the biggest celebrations of local produce in the country.

Saturday, June 5th — Stonehaven Feein' Market, 10am onwards. Enjoy a great day out in Stonehaven with various stalls and entertainment throughout the day. Admission is free.

Sunday, June 20th — Summer Solstice at Archaeolink Prehistory Park, Oyne between 10am and 5pm. Come along and celebrate the longest day of the year with activities for all ages.

Spaces are still available for the summer outing on Saturday 24th July to *Charleton Farm* for berry picking. Great fun and healthy too!

There are also still spaces on offer for the trip to *Blair Drummond Safari Park* on Saturday, August 7th. A great chance to see everything from lions to lemurs!

Contact Jean, Andy or Nicola to book

