

HAND IN HAND

Befriend a Child's Volunteer Newsletter
July 2010

A big **hello** and welcome to the July edition of Hand In Hand. After many of you have got in contact to ask for more suggestions for activities in and around Aberdeen we have responded! So please take time to check all the up coming events and ideas for what you can do during Befriending!

Don't forget that you have your very own dedicated Base Unit offering arts and crafts, cooking, pool, consoles and much more.

Opening times for the Base Unit at 9 Bon Accord Square are as follows:

Mon to Thurs, 4pm-7pm

Sat and Sun, 10am-4pm

During the School Holidays it is open 10am-4pm, Mon-Fri as well as Sat and Sun.

Why not spend a couple of hours in the kitchen? We have ensured it's stocked with dry ingredients — just supply your own fresh goods such as eggs, butter and milk and we will repay expenses.

Or maybe spend some time in the Lorraine Craig Room, where you'll find relaxing

Sofas, a plasma TV, console games and music.

Remember to give our volunteer co-ordinators a week's notice by booking your slot on **01224 210060**.

Befriend a Child Base Unit Challenge is a Huge Success

As reported in the previous edition of Hand In Hand, the Base Unit at Bon Accord Square has received a fantastic revamp thanks to the hard work and efforts of a team of local businesses under the umbrella of Enterprise North East Trust. Four rooms have been transformed with new furniture and fresh décor—and the building is now looking great!

If you haven't had a chance to see the new look for yourself then please drop in for the tour.

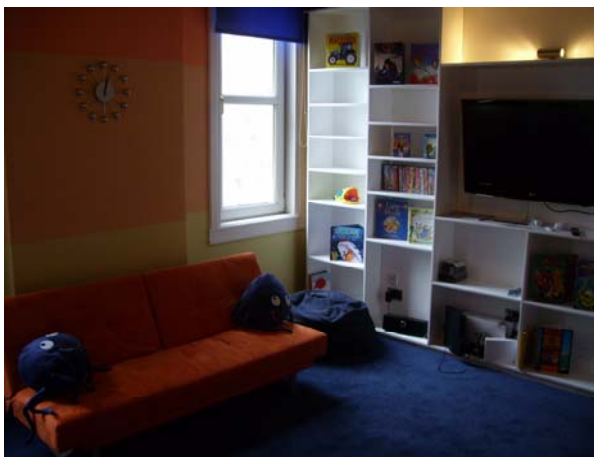


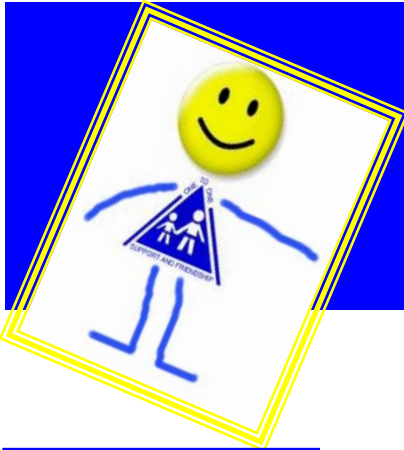
TOP: Enterprise NET Chief Executive Gary McEwan (second left) with some of the team who contributed to the revamp.

BELOW: The new look chill out area — The Lorraine Craig Room — has been completely overhauled with funky furniture and a range of console games and DVDs.



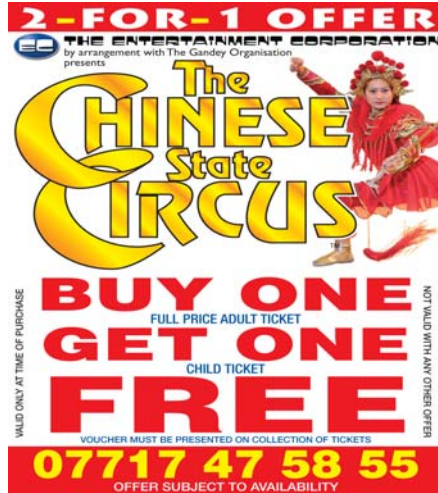
Administrator Elaine Hall (centre) explains the background of the project to some of the 100+ visitors to the Open Day in June.





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Hello & Goodbye

Hello to

Margaret
Kelsey
Sandra
Katrina

Goodbye and thank you to

Mhairidh.

A Very Happy Birthday to the following staff and volunteers who celebrate a July birthday:

- Julie W - 12th
- Joan D - 15th
- Julie R - 16th
- Kelsey M - 26th
- Susannah K - 27th
- Jennifer S - 27th
- Elizabeth H - 28th
- Elizabeth S - 29th



Tuesday July 13th—Tuesday August 3rd



Befriender Jennifer Hamilton put in a fantastic effort in May as she tackled the West Highland Way from Milngavie to Fort William.

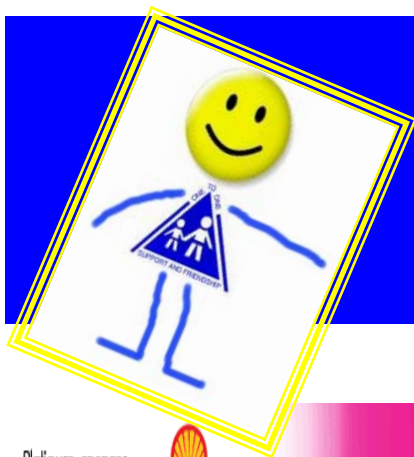
The West Highland Way was the first long distance walk Jennifer had ever attempted and with the help of faithful canine companion Max, She was also able to raise a brilliant £740 for Befriend a Child.

Jennifer commented: "Luckily, we had fantastic weather, met lots of great people on the way and managed to raise a bit of money for Befriend a Child too! Thank you to everyone that sponsored us." If you've ever thought about taking on a sponsored walk, run, jog, cycle, swim or even crawl, then why not take the next step and give us a call to discuss the options?



Befriend a Child will be taking 100 Spree Books again this year which we will be getting delivered in August. We are now taking orders for books at £23 each.

Contact Jean on 01224 210060 if you wish to place an order.



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Platinum sponsor



Gold sponsor



Silver sponsors



Technical sponsor



Aberdeen International
Youth Festival

2010

28 July - 7 August



The Annual Aberdeen International Youth Festival is back from Wednesday, July 28th and offers a range of musical performances and workshops to suit every taste. Here are just a taste of some of the fun and entertaining global events on offer. Why not give your Befriender the chance to experience something a little different?

YDance at the Lemon Tree on Saturday, July 31st at 3pm

YDance brings together the best young dancers that Scotland has to offer, presenting an exciting programme of new contemporary dance work across the country. Entry is £5.



AIYF at Union Square

Come and experience a taste of AIYF 2010 in Union Square. There will be a different programme every day - from classical music to hip hop between 11am and 1pm.



Festival Parade—Albyn Place to Castlegate, Saturday July 31st

AIYF participants, a pipe band and local young people from North East communities will join together for the spectacular Tartan Day parade down Union Street from 11am.

Up Close and Musical, Saturday July 31st

A free concert at the Lemon Tree from 1pm, featuring a host of young musicians.





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THINGS TO DO AND PLACES TO GO IN JULY

Friday, 2nd July—Sunday, 4th July — Aberdeen's International Street Market. The Market will feature around 70 stalls displaying and selling food, crafts and gardening supplies from around Europe. The event is free and runs from 9am to 6pm each day.

Saturday, July 3rd — ACTS Open Obedience Show. Hazlehead Park is the venue for a dog obedience show. A must for all animal lovers between 9am and 5pm.

Saturday, July 3rd - Danestone Gala. Come along to Danestone Community Area and enjoy all the fun of the gala including all the usual stalls, childrens entertainment and family fun. For further details please contact Lyndsay Johnstone on 01224 828333.

Thursday, July 8th to Sunday, July 11th — Stonehaven Folk Festival. More than just music! The annual event is a mixture of performing arts, workshops and much more! Visit www.stonehavenfolkfestival.co.uk for more information on the specific activities throughout the weekend.

Saturday July 10th — Tales from The Tolbooth: Pirates. Meet the late 16th century Tolbooth gaoler as he prepares pirates for their execution.
11am, 12noon, 2pm and 3pm at The Tolbooth Museum.

Saturday July 24th — Scavenger Hunt at Balmedie Country Park. Enjoy some scavenging fun on Balmedie Beach between 1.30pm and 3pm. Don't forget your wellies and a plastic bag to take home your 'treasure'! Book in advance by calling 01358 751337.

Sunday, July 25th — Iron Age Highland Games at Archaeolink. Have you got what it takes to be a Celtic Warrior? Combat training, feats of strength and speed, stick wrestling, Warrior tattoos and scary scars.

Saturday, July 31st — Banchory Show. The highlight of the Deeside Agricultural Association's calendar with cattle, sheep, horses and ponies shown and all sorts of other activities including a Pageant, Dog Show, Scarecrow competition, and Ellon and District Pipe Band.

