

HAND IN HAND

Befriend a Child's Volunteer Newsletter
August 2010

A big **hello** and welcome to the August edition of Hand In Hand. Summer is here and in between the usual Scottish rain, we're actually enjoying some sunshine! So why not take advantage and get out there—there's lots of suggestions for activities on page 3. And we'd love to see you at the Portlethen Gala on Saturday, August 28th. As ever, keep your own suggestions and stories coming in.



Got the bottle?

One of the many attractions at Portlethen Gala will be a fund-raising Bottle Tombola. If you have any spare bottles in your cupboards—anything from shampoo to champagne—then we would be delighted to receive them as a donation. We will require a large stock for the event so anything you can spare will be gratefully received and help maximise fund-raising efforts on the day. Just contact Duncan on 01224 210060 to arrange drop off or collection. Thank you

Not Berry Good

We are very disappointed to report that the proposed trip to Charleston Farm near Montrose for a group berry picking session has been cancelled. Of the current bank of 101 active Befrienders, only 9 signed up for the trip.

However in order to not disappoint the kids, those that signed up for it can still make their own way there and reclaim costs.

We very much hope that this trend will not be repeated for the Blair Drummond Safari Park trip - after all it's the kids who will be let down.

It's Good to Talk

Does your workplace have a social committee? Would Befriend a Child be in a position to visit your work and present to staff? Speaking engagements are a great way for the organisation to raise our profile, promote fund-raising events and recruit new volunteers.

Or perhaps you're a member of a community group such as Rotary or Round Table? We are always delighted to get out and about to let people know about the work we are undertaking with vulnerable young people.

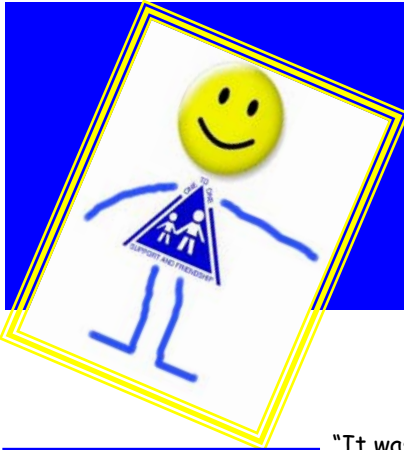
If you think you can provide a speaking engagement for one of the Befriend a Child team, please let us know on 01224 210060 or info@befriendachild.org.uk

Access To Leisure

In case you didn't know, Befriend a Child have six Access To Leisure cards available to Befrienders.

The cards give you reduced entry to a number of facilities in the city including swimming, the ice rink and 14 ACE clubs including fitness studios and climbing walls.

To make use of the A2L card, please book with the office on 01224 210060.



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Down on the Farm!

A Befriender's Report

"It was the first time Mackie's of Scotland had held an Open Day with everything very well organised and the money raised going to a charity.

There were lots of things to occupy the children - train rides, bouncy castles and face painting to name but a few. Food and drinks - and of course their famous ice-cream - was on sale too.

Various barns were open showing the process from newly born calves to full grown cows producing milk.

B loved being so close to the calves and was able to stroke them and give them grass. She asked lots of questions and enjoyed seeing all the farm implements.

A really worthwhile visit.



The World Cup may be over but football is always just around the corner. And for the 2010/11 season, Befriend a Child are once again delighted to announce that four season tickets have been made available by Aberdeen Football Club for volunteers and children.

The tickets must be booked in advance by calling the office and are located in the Merkland Stand (Family Section). So take your chance to roar on the Dons for the new campaign by booking with one of the Volunteer Co-ordinators on 01224 210060.

Hello & Goodbye

Hello to
Melanie
Samantha
Leonie
Gabrielle
Lisa

Goodbye and thank you to
Liz
Luthian
Vicky



Befriend A Child are once again able to offer Spree books priced at £23.

As ever there are some fantastic restaurants and activities featured, ranging from BOGOF offers, to reduced entry to cinemas and swimming pools.

To purchase a Spree book, please call in at the office or call 01224 210060.



A Very Happy Birthday to the following staff and volunteers who celebrate a August birthday:

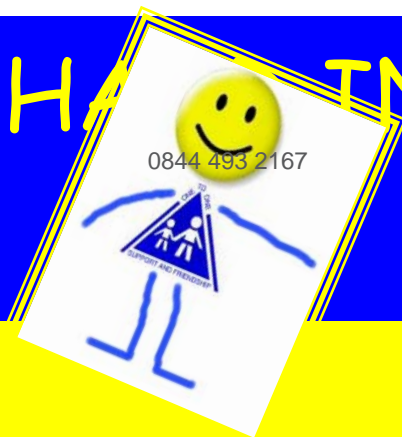
Sarah S	-	1st
Peter Mc	-	3rd
Frank Y	-	5th
Wendy G	-	9th
Dawn Y	-	11th
Diane Mc	-	13th
Jan M	-	16th
Seonaid M	-	18th
Andrea M	-	23rd
Kimberlyn W	-	27th
Jemma A	-	29th
Victoria M	-	29th



Art Attack

The next group session run by Bev will be an Art Attack Day on Saturday, August 14th. Two sessions will be running from 11am to 1pm and 1pm to 3pm. We really hope for a strong turnout for this—book your place by calling Jean on 01224 210060

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August – What's On?

Throughout August – Walking With Dinosaurs @ Satrosphere. Your last chance to see the dinosaur exhibition at the Satrosphere Science Centre. Open 10am–5pm every day.

Monday 2nd – Bags of Fun at Aberdeen Central Library. Come along between 2.30pm and 3.30pm to learn about the environment and decorate a free, environmentally friendly cotton bag. Entry is free but booking is essential on 01224 652546.

Wednesday 4th – Guided Walk: Pond Dipping. Find out more about the amazing pond life of Castle Fraser at two sessions, 10.30am–12.30pm or 1.30pm–3.30pm. Booking is essential by calling the Ranger on 0844 493 2167



Saturday 7th – Aberdeen Snowsport Centre Open Day. Come and try skiing, snowboarding or tubing. There will also be football, airbag, face painting, raffles and a BBQ. Entry to the event (10am–5pm) is free although participation in any of the taster sessions must be pre-booked on 01224 810215 and will incur a small charge.

Saturday 7th to Sunday 8th – Historic Saltire @ Archaeolink. Enjoy the performances of an Inverness-based reenactment group with a weekend-long show to entertain and educate in all things medieval. Archaeolink at Oyne is open 10am-4pm.

Sunday 8th – Harbour Hi-Jinks. It's A Knockout event with raft races, stalls and BBQs, held at Stonehaven's scenic harbour and organised by Stonehaven Round Table. Entry is free from 10am to 4pm.

Wednesday 11th – Family Fun Day @ Grampian Transport Museum. Drop in on the Transport Museum in Alford for their annual Family Fun Day. The museum is open from 10am to 5pm.

Saturday 28th – Portlethen Gala in aid of Befriend a Child. Portlethen Gala is back! The event will run from noon to 4.30pm in the grounds of Portlethen Academy and Bourtree Park. Enjoy everything from live music and dance demonstrations, to fund-raising stalls and a mini food fayre! [For more information see page 4](#)



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Saturday 28th August
12noon - 9pm

Portlethen Gala

Portlethen Academy &
Bourtree Park

News In Brief

All Befriend a Child fund-raising events can be found by visiting www.befriendachild.org.uk/events.

befriend  child



Turn a frown upside down

Have you considered including the Befriend a Child web address in your email signature? It's a great way of showing your support to the organisation and getting our name out there!

befriend  child



Turn a frown upside down

The Befriend a Child Ball Committee have secured a brand new Mini and are raffling it off! Proceeds from the raffle will go towards their fund-raising efforts for the annual ball on February 27th, 2011. **Tickets are £1.50 each and can be bought through the office.**

Totico | Geoff Tiballs Project Club | Chalmac Bloos Band | Chameleon | Dan Warrender
8 Zeros | Big Riff Manifesto | The Fluffers | Upstart Heroes | Laura Ferguson
Hoodoo Zephyr | FiTs

Live Music

Also Featuring Millenium Child & LIMITS Allstars

Fun for the whole Community

Cocoa Ooze | Sweet Lily Adams | Devenick Dairy | Ola Oils | Yo Sushi | Jewellery By Rachel
| Cafe2U | Graham Dargie Photography | Treasure Trails | Wowzie | JJ Gifts

Various Stalls

Beer Tent & Hot Food Available

Kids Corner

Bobby the Playbus | Bouncy Castle | Ice Cream Van



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