

HAND IN HAND

Befriend a Child's Volunteer Newsletter
February 2010

A big **hello** and thanks for taking time to read the February edition of Hand in Hand. With January out of the way, things are beginning to pick up here at Befriend a Child in anticipation of what we hope will be the best year yet for the organisation. Don't forget that we'd love to hear from you about your favourite outings, ideas for activities in the Base Unit or anything else you'd like to share with us and your fellow Befrienders.

Birthday Gifts—A Reminder

Due to a large number of gifts donated to Befriend a Child over the past three months, any

volunteers looking to give their befriendees a birthday present is advised that they should check at the office for something suitable prior to buying a gift as expenses will NOT be refunded for this.

For more information call Jean at the office on 01224 210060.



Baby Boy

Former Befriender Denise Mowat had a baby boy on January 7th— 10 days early. He weighed in at 6lbs 9 3/4 oz, and Denise and husband Mike have called him Sutherland. Denise had to have an emergency section but is doing well.

Congratulations from all at Befriend a Child!

A WHOLE LOTTA FUN

A busy programme of group sessions have already been planned for 2010, with volunteer Bev once again kindly giving up her time to help our supported young people get creative and have fun!

The next session is on Sunday, February 7th and will be Valentine Card Making! **Lovely!**

In March, it's the turn of Mothers Day Cake Baking on Saturday 13th. **Sweet!**

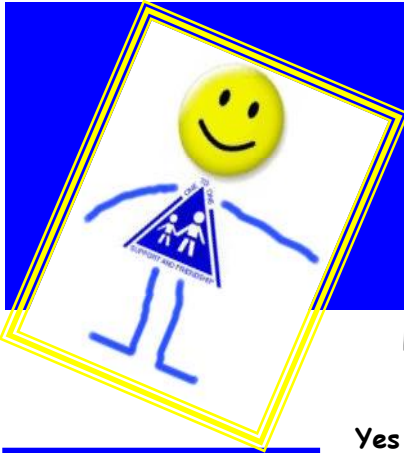
And in April, we've got a session on Pizza Making on Saturday 10th. **Mama Mia!**

Call Jean for more details or to book your place. All sessions run from 11am-1pm, or 1pm-3pm

facebook

Since setting up in November, 20 people have joined the Facebook Befriend a Child group.

The group has been setup to share ideas for outings, promote events or just chat. So please join up if you want to be in the loop!



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Places to visit in the Winter months

Yes it's cold outside—but don't let that put you off having lots of fun with your Befriendeel! Here are some ideas of where to go over the remaining Winter weeks!

Linx Ice Arena

Public Skate Saturday 12—7pm
Sunday 12—4.30pm

(remember we have access to leisure cards for this venue)



Maritime Museum

Tues - Sat 10—5pm
Sunday 12—3pm

Aberdeen Art Gallery

Tuesday-Sat 10—5pm
Sunday 2—5pm



Provost Skene House

Mon - Sat 10—5pm



A Very Happy Birthday to the following staff and volunteers who celebrate a February birthday:

Mark H	4th
Rose	5th
Elizabeth Mc	7th
Victoria	8th
Charlotta	13th
Gillian G	14th
Katie Mc	14th
Jenna	18th
Ian	19th
Andy	20th
Catriona	20th
Dee	21st
Lindsay	25th

Charity Shop

Befriend a Child will be in the City Council Charity shop at 346 George Street from

Monday March 1st until

Friday March 5th. We would very much appreciate

volunteers to help for a few hours in the shop, or to help with the clear up on

Saturday March 6th.

Contact Alan, Jean or Duncan to add your name to the rota.

Hello & Goodbye

Hello to

Agneszka
Sarah
and Shirley

Goodbye and thank you to

Nicola

Festive Feedback

'E' enjoyed the Christmas Party and was delighted with the gifts that she got. So, thanks to all of you for a great time!

Fiona

Quarterly Training

The next Quarterly Training session will be held at 6.30pm on Wednesday, March 17th.

NHS representative David Alexander will present on the topic of

ADHD and Child

Behaviour. Contact

01224 210060 to

register your interest.

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A Killer Cruise



Join us for an evening of
murder and intrigue at the
Carmelite Hotel, Aberdeen.

Friday 26th March
7.30pm

Tickets are available at £20
so come along - it won't kill
you! Or will it?

Tickets Include
Fantastic Two Course Meal and Disco

Who



Done



It ?

